

**No. 22 - 15th March 2022**

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**IN THIS NEWSLETTER:**

- [1. YES! YOU CAN SAVE THESE TREES](#)
- [2. TAKING ACTION FOR CLIMATE AND BIODIVERSITY](#)
- [3. SCHOOLS INVOLVED IN UNPAVING PARADISE](#)
- [4. NATURE AS THERAPY](#)
- [5. CLEANING UP YOUR PARK LANDS](#)
- [6. BEACH VOLLEYBALL INCHES CLOSER](#)
- [7. HIT THE PARK RUNNING](#)
- [8. LOW CARBON ADELAIDE SURVEY](#)
- [9. REQUIEM FOR A LOST OPPORTUNITY](#)
- [10. ELECTION QUESTIONS - SCORE CARD](#)
- [11. BRIDGE LIGHTS UP FOR A CAUSE](#)

**1. YES! YOU CAN SAVE THESE TREES**

*by Shane Sody*

In Tolkien's Lord of the Rings stories, trees are protected by shepherds of the forest, the Ents. Sadly the trees of Adelaide have no Ents to protect them, but they do have something just as powerfully protective: YOU!

These are just some of the trees in Helen Mayo Park that need your protection. You can do it, simply, with your vote in the State election on Saturday 19 March.



[Read more >>>](#)

## 2. TAKING ACTION FOR CLIMATE AND BIODIVERSITY

*by Shane Sody*

The Adelaide Park Lands Association has joined a large group of SA businesses, organisations and leaders to call on the next South Australian government to take strong action on climate change.

The *South Australians for Climate Action 2022 Statement* highlights just how much SA has to gain by responding positively and forcefully to the changing climate.





[Read more >>>](#)

### 3. SCHOOLS INVOLVED IN UNPAVING PARADISE

*by Shane Sody*

Students at schools and universities in and near the Adelaide CBD are being invited to send in entries to our 'UnPaving Paradise' Poster design competition.

APA is looking for bright ideas to kick start reclaiming disused bitumen areas in your Park Lands and turning them into inviting Open Green Public spaces.



[Read more >>>](#)

### 4. NATURE AS THERAPY

*by Carla Caruso*

The rejuvenating benefits of time spent in nature can't be ignored. "Ecotherapy" is increasingly being used as a preventative and restorative health strategy.

We spoke to two people working in this space in your Park Lands – the Botanic Gardens' resident horticultural therapist, and a nature-supported counsellor.



[Read more >>>](#)

## YOUR PARK LANDS NEED YOU

There are two versions of this newsletter - one for members, and one for non-members.

You are reading the **non-members** version. We'd really love to have you join us, as a member. If you were a member, you'd get:

- the priceless satisfaction of backing our actions to protect your Park Lands.
- a 100% discount on tickets for our [Guided Walks](#).
- 15% discount on all items from [the APA shop](#), including tea towels, tote bags, T-shirts, polo shirts, and face masks; and
- the opportunity to help guide our Association's future at next month's members-only AGM.

Join our  
team

Become  
a member  
here

Book  
here  
for a  
Guided  
Walk

**NEW ITEM IN THE [APA Shop](#).** Women's fitted crew-neck maple tee-shirt in your choice of 30 different colours. Mid-weight, 180 GSM, 100% combed cotton (marles 15% polyester), neck ribbing, side seamed, shoulder to shoulder tape, double needle hems, preshrunk to

minimise shrinkage \$26.99 (15% less if you first become an APA member). See this and other items in [the APA Shop](#).



## 5. CLEANING UP YOUR PARK LANDS

Clean Up Australia Day, on the first Sunday in March every year, is a great event invoking community spirit right across the nation.

Here in Adelaide we had three separate “Clean Up” events in your Park Lands.





[Read more >>>](#)

## 6. BEACH VOLLEYBALL INCHES CLOSER

*by Carla Caruso*

Beach volleyball is one step closer to being played in Your Park Lands.

The council-owned City Beach courts were sold last month.

However, Volleyball SA is hoping to shift the courts to a new hub at Bonython Park. If this goes ahead, they'll sit right alongside our pilot, re-greening project there.



[Read more >>>](#)

## 7. HIT THE PARK RUNNING

*by Carla Caruso.*

Opposition leader Peter Malinauskas has been spruiking his 'hump day' park runs while on the State election campaign trail.

But he's just one of many avid Park Lands runners. There are plenty of events and groups to get involved with - including the SA Road Runners.



[Read more >>>](#)

## 8. LOW CARBON ADELAIDE SURVEY

The City of Adelaide is developing an "action plan" to support its Carbon Neutral Strategy 2015 - 2025.

In response to climate change, the City Council wants to hear what you are doing and what you believe that the City of Adelaide should focus upon to support the transition to carbon neutrality, particularly in ways that also best support Adelaide's recovery from COVID.



[Contribute your response here >>>](#)

## 9. REQUIEM FOR A LOST OPPORTUNITY

*by Shane Sody.*

Few people realise that the Festival Plaza is part of the Adelaide Park Lands.



In 2012, it was given away to a billionaire for a 27-storey office tower, shops and a car park. In return, you've been given fake trees and an ocean of new pavers.



[Read more >>>](#)

## 10. ELECTION QUESTIONS - SCORE CARD

*by Shane Sody*

With the State Election due this coming Saturday 19 March, it might be too late to submit your own questions to your local political candidates.

However we've done the job for you, at least in regard to the political parties.

- Which political parties have promised to better protect your Open Green Public Park Lands?
- Which ones say they'll pursue World Heritage listing?
- Which parties would support the Adelaide Recreation Circuit?



[Don't vote until you've seen their answers and how we've scored them in a how-to-vote recommendation >>>](#)

## 11. BRIDGE LIGHTS UP FOR A CAUSE

The lights along the River Torrens footbridge turned purple, white and green last week to mark Rare Disease Day.



And it was all thanks to Athelstone resident – and APA follower – Bethany Cody for making it happen.



[Read more >>>](#)



#### NEWSLETTER TEAM

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