



TreesForLife



Regenerate

In the Adelaide Park Lands

Being outside in nature is great for your mental health and wellbeing.

You're invited to join us in the Adelaide Park Lands to try bushcare followed by a guided walk in nature.

The Park Lands is the perfect place to connect safely with other people, particularly if you are feeling lonely or isolated. City of Adelaide residents 55+ and international students are encouraged to attend.

A healthy lunch is provided.

From 10.00 am to 1.00 pm

Please turn over for list of dates and locations.

REGISTRATIONS ESSENTIAL
8406 0500 | info@treesforlife.org.au
www.treesforlife.org.au



CITY OF
ADELAIDE

CALENDAR OF EVENTS 2024

Month	Day	Location	Activity
February	Saturday 3	River Torrens	Cultural Tour with Uncle Frank Wanganeen, along the River Torrens
	Friday 16	Tuthangga (Park 17) & GS Kingston Park (Park 23)	Bushcare & Wirrarnintheta Nature Walk
	Monday 26	Tuthangga (Park 17)	Bushcare & History Walk & Talk
March	Wednesday 6	Nantu Wama (Park 6)	Bushcare for Rare Species & Nature Walk
	Thursday 21	Pakapakanthi (Park 16)	Bushcare at Victoria Park & Nature Walk
April	Wednesday 3	Pakapakanthi (Park 16)	Bushcare at Victoria Park & Trip to Breakout Creek Development
	Friday 12	Tuthangga (Park 17)	Bushcare & Botanic Gardens Wetlands
	Monday 22	Tuthangga (Park 17)	Bushcare & West Terrace Cemetery Old Growth Native Plants
May	Thursday 2	Adelaide Park Lands	Cultural Tour with Uncle Frank Wanganeen
June	Friday 7	Nantu Wama (Park 6)	Planting of Rare & Threatened Species
	Wednesday 19	Tuthangga (Park 17)	Cultural Weaving Workshop with Aunty Janet
	Saturday 29	Christie Walk, Sturt Street	Sustainable Housing and Living Tour – Urban Design

Tuthangga (Park 17) – Eastern end of South Terrace, Adelaide

Nantu Wama (Park 6) – Kingston Terrace East, North Adelaide

Pakapakanthi (Park 16) – Victoria Park, Eastern end of South Terrace,
Adelaide

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